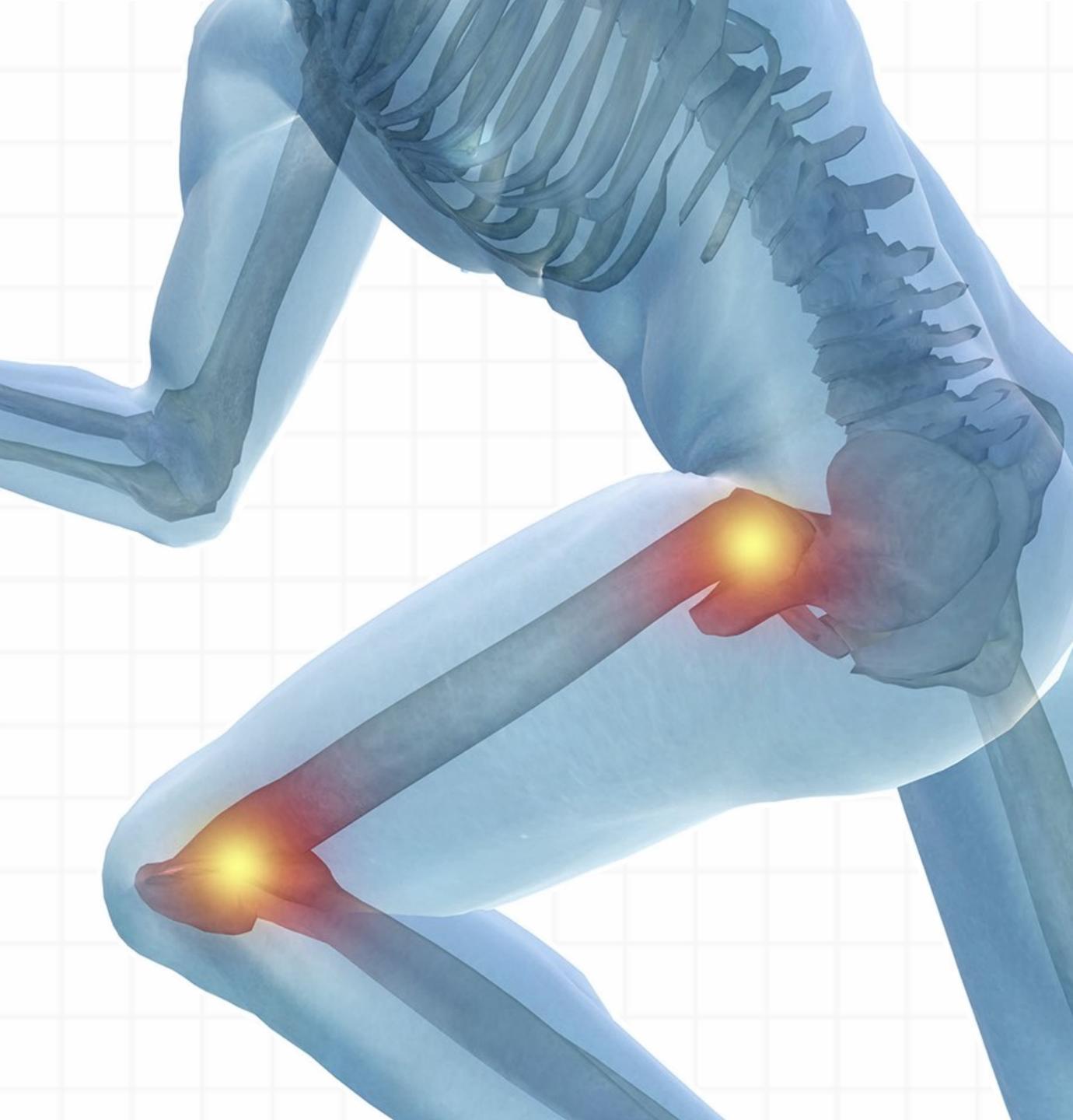
Emma Munck // November 21, 2024

Seminar in physiology and instrumentation

# JOINT REPLACEMENT



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joint replacement

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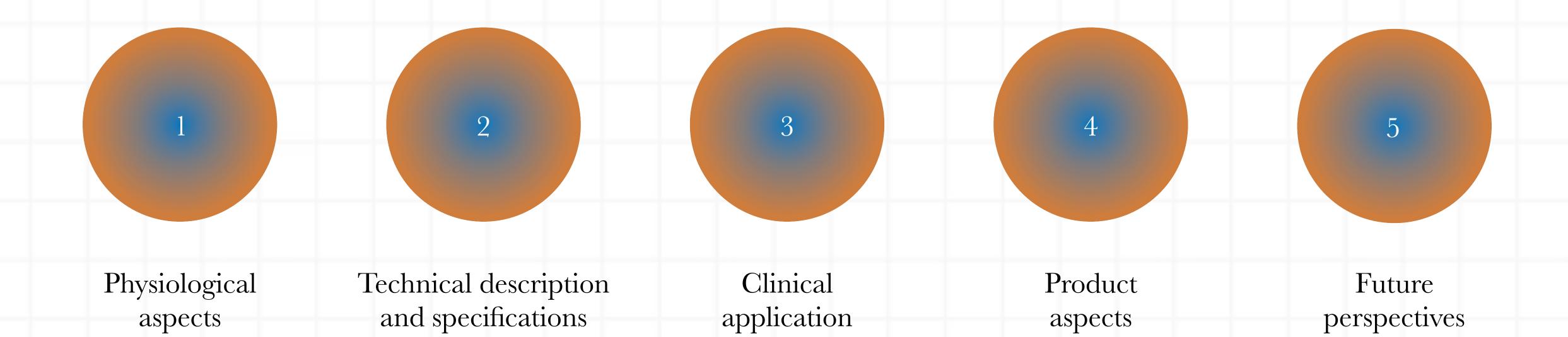
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<a href="mailto:expires=1732040733&id=id&accname=guest&checksum=80314D26C1E84DB39335882F05C6C0ED">expires=1732040733&id=id&accname=guest&checksum=80314D26C1E84DB39335882F05C6C0ED</a>

# Summary

joint replacement



# Joints structure and function

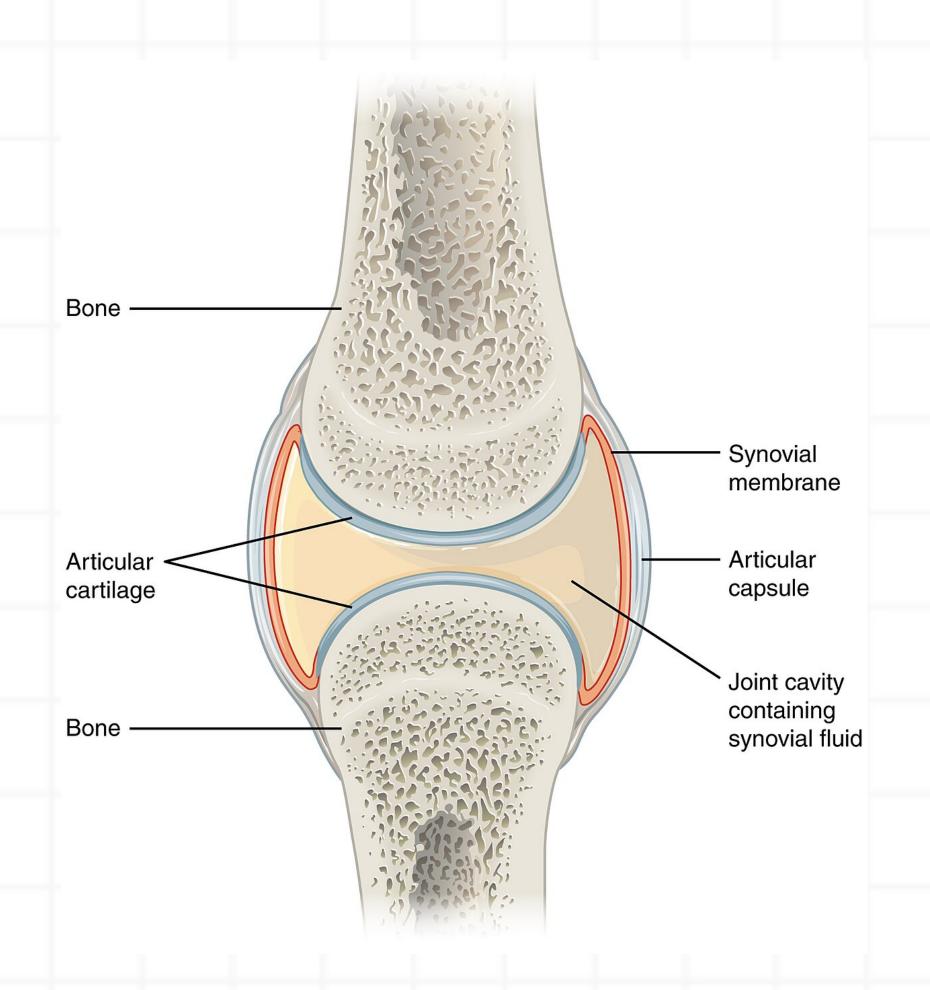
1. physiological aspects

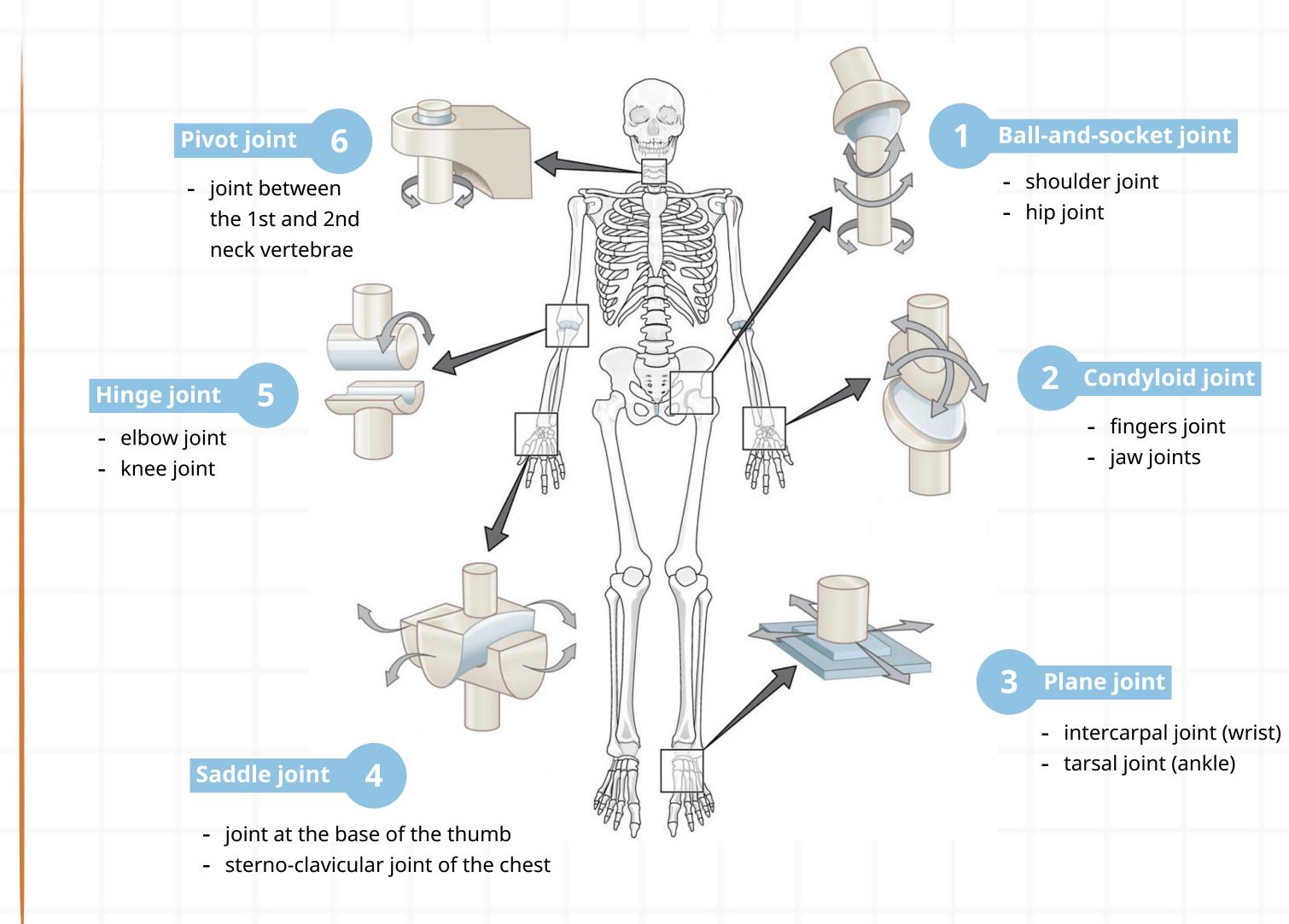
206 bones connected by 360 jo	oints:	joint type	characteristics	examples
		FIBROUS JOINTS SYNARTHROSIS	<ul> <li>connected by fibrous connective tissue</li> <li>rigid and relatively immovable</li> </ul>	<ul> <li>skull sutures</li> <li>joint that anchors a tooth to its socket in the jaw</li> </ul>
		CARTILAGINOUS JOINTS AMPHIARTHROSIS	<ul> <li>connected by cartilage</li> <li>limited motion in response to twisting / compression</li> </ul>	<ul> <li>joints of the vertebral system</li> <li>joints that attach the ribs to the vertebral column</li> </ul>
		SYNOVIAL JOINTS DIARTHROSIS	<ul><li>fluid-filled joint cavities</li><li>highly mobile</li></ul>	- knee joint - elbow joint

# Synovial joints



1. physiological aspects





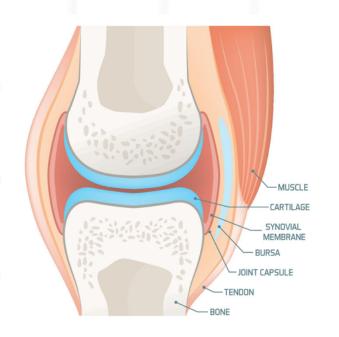
# Joint issues

### 1. physiological aspects

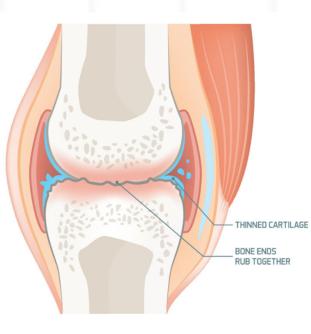
### Osteoarthritis (OA)

example of the knee

- degenerative joint disease
- caused by the wear and tear of the cartilage
- affects commonly weight-bearing joints



Healthy knee

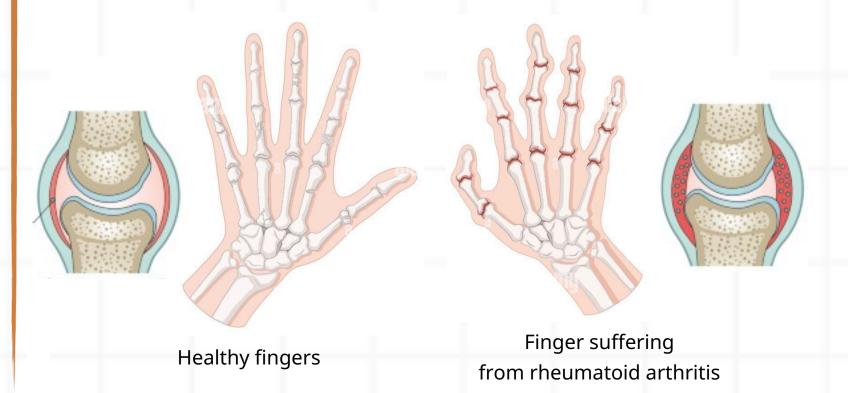


Knee suffering from osteoarthritis

### Rheumatoid arthritis (RA)

example of the fingers

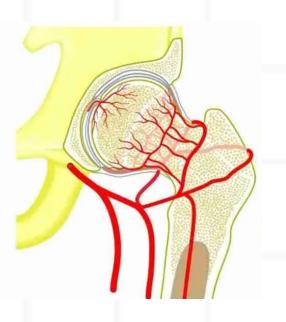
- autoimmune inflammatory joint disease
- caused by the immune cell infiltration
- affects commonly small joints



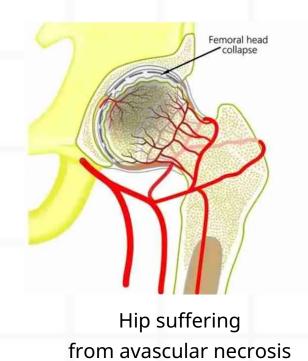
#### **Avascular necrosis**

example of the hip

- death of bone tissue
- caused by the loss of blood supply to the joint
- affects commonly hip, shoulder, knee, and ankle joints



Healthy hip

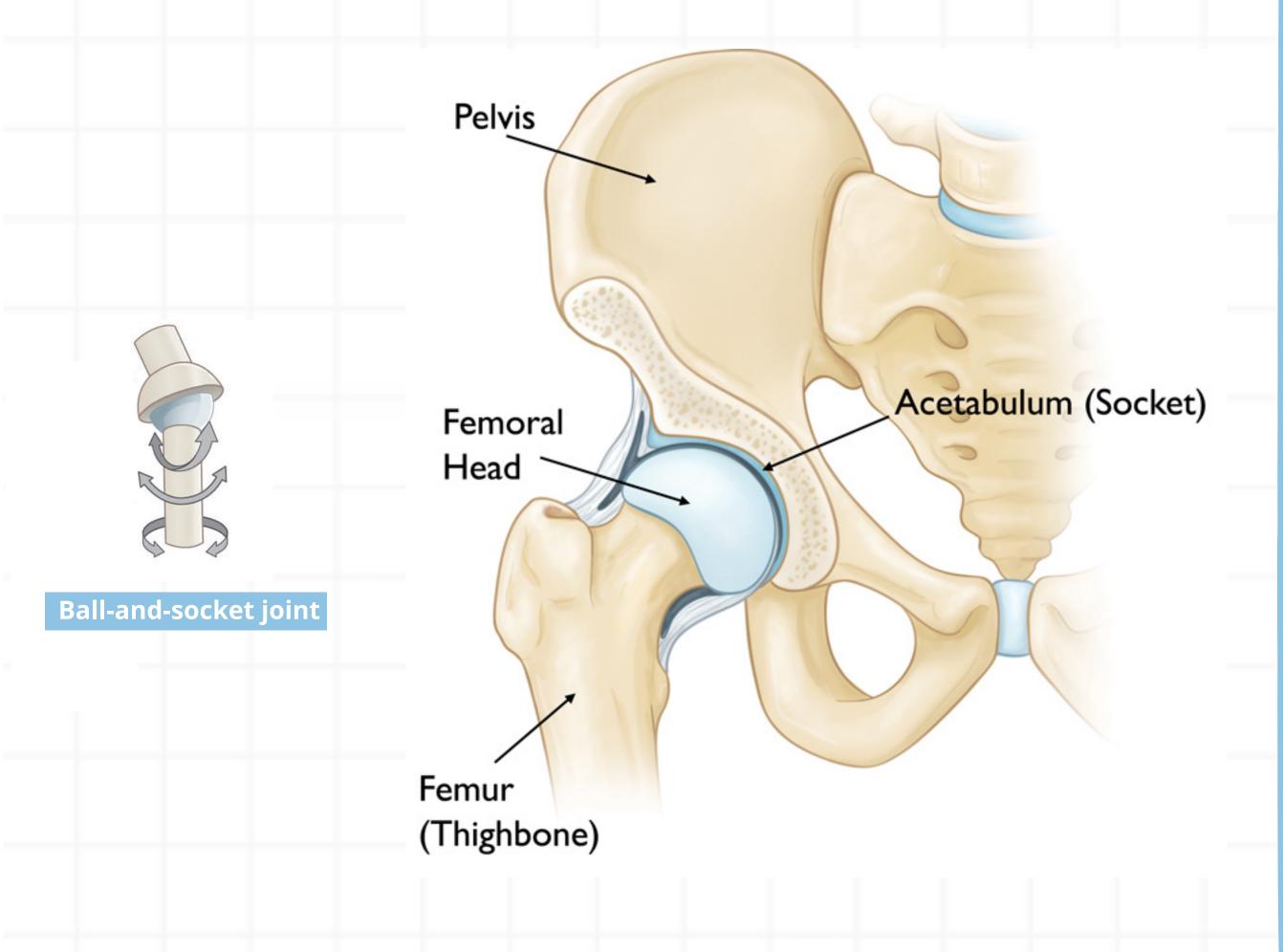


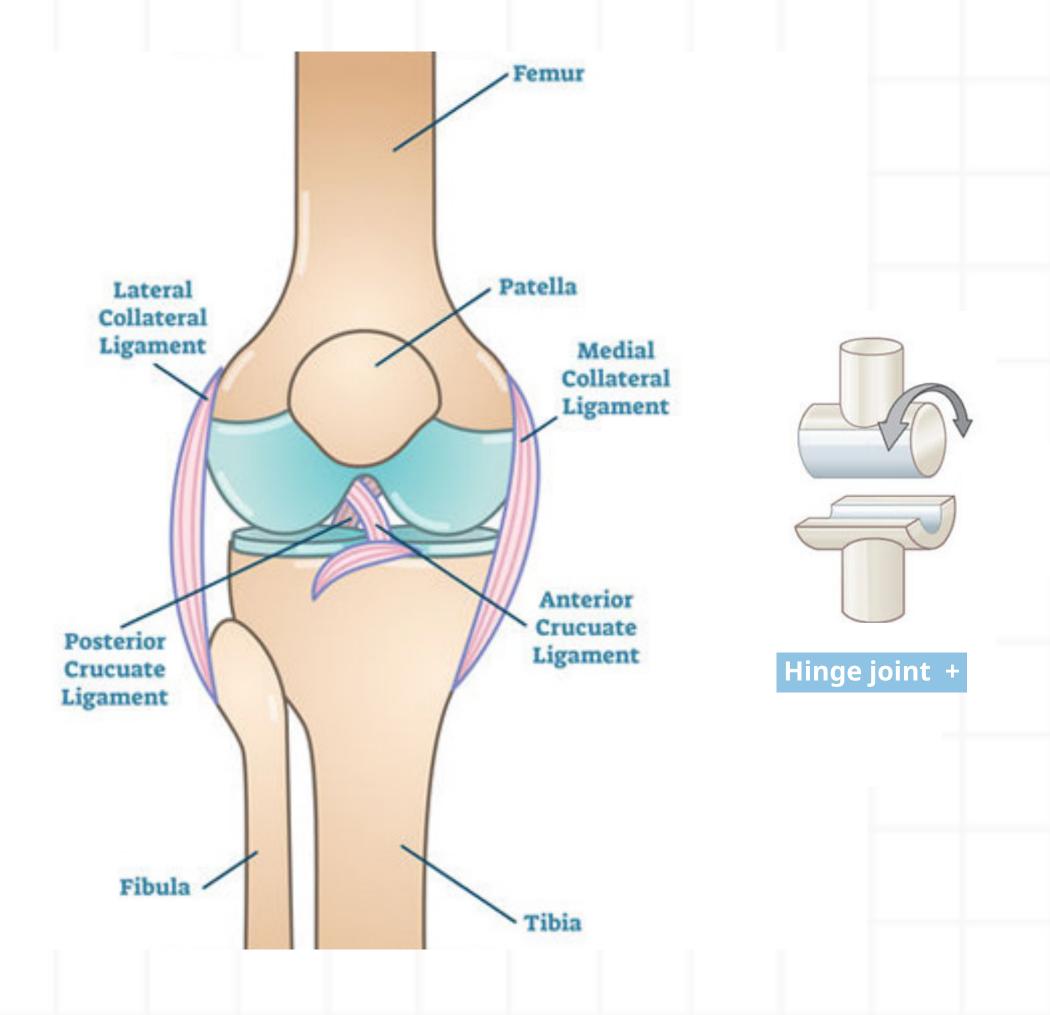
### Fractures / injuries

- physical damage
- caused by accidents

# Hip and knee joints

1. physiological aspects



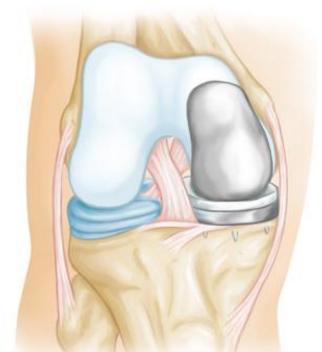


# Types of replacement

2. technical description

### PARTIAL JOINT REPLACEMENT (PJR)

- recommended for younger patient (< 65 yo) and early stage joint disease
- less invasive
- faster recovery time



example of the knee

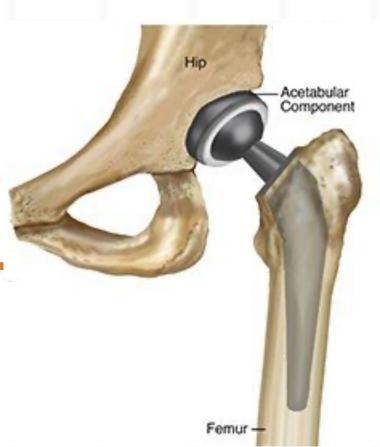
example of the hip



### TOTAL JOINT REPLACEMENT (TJR)

- recommended for widespread damage
- more durable, but can require a revision surgery (±15-20 years)
- more invasive
- longer recovery time





# Surgical procedure

2. technical description

### Steps for synovial joint replacement:

- 1. incision to expose and access the joint
- 2. removal of damaged parts
- 3. fixation of the artificial components
- 4. range of motion and alignement testing
- 5. wound closure





### **Recovery time**

- between 1 and 4 days at the hospital
- need physical therapy
- avoid bending, twisting and squatting for 6-12 months





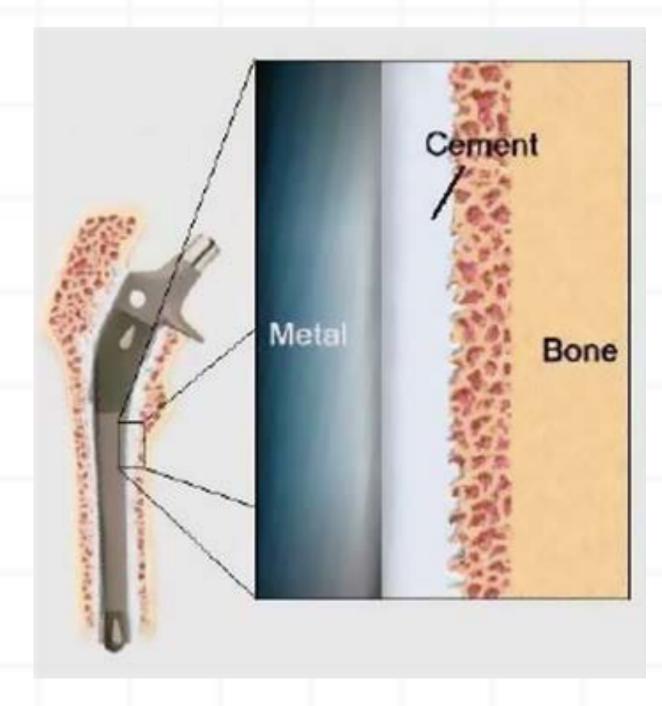
Example of a total knee replacement surgery

# Fixation

### 2. technical description

#### **CEMENTED FIXATION**

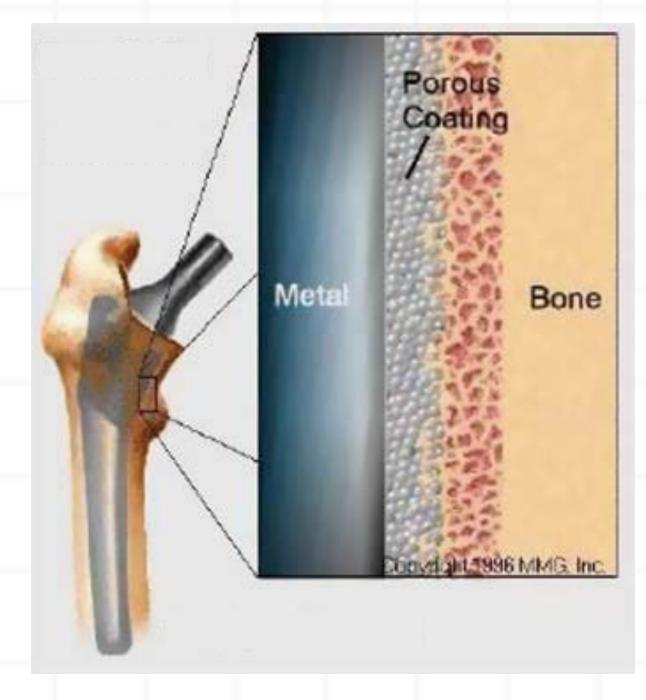
use a bone cement eg. PMMA (polymethyl methacrylate)



→ adapted for older patient because of an immediate fixation

#### **CEMENTLESS FIXATION**

use of a porous implant material (+ coating biomaterial)
eg. titanium alloy + hydroxyapatite
eg. Trabecular Metal® Technology from Zimmer Biomet

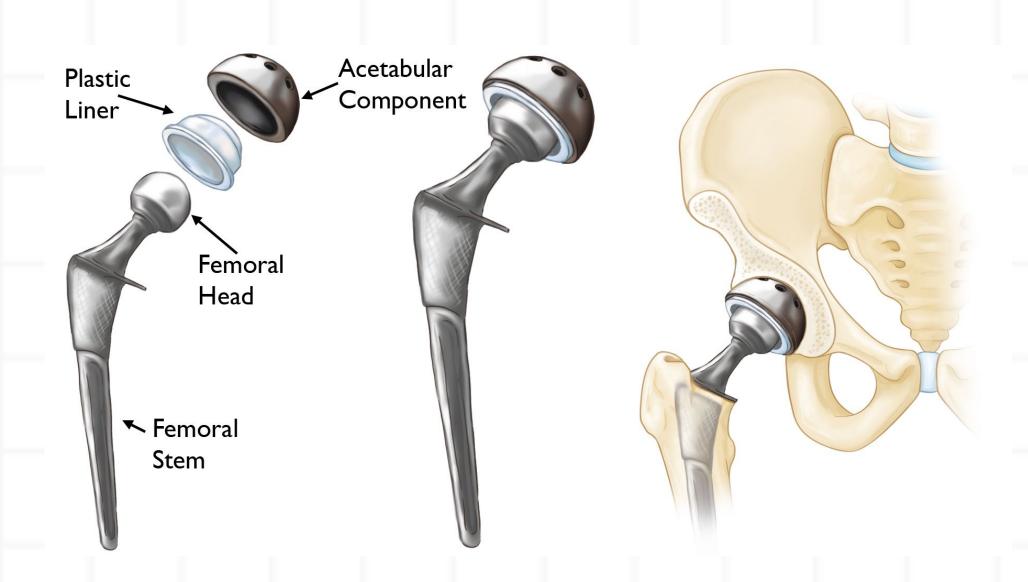


→ adapted for younger patient because of a better osseointegration

# Specifications

2. technical description

# Total hip replacement (THR)



# Total knee replacement (TKR)



# Materials

# 2. technical specifications

Metals  → used in structural parts  - titanium - cobalt chromium alloys - stainless steel (less used now)		Ceramics	Plastic  → used to create  a smooth contact		Ombinations  → used to provide  the best balance
		→ used for articulating surfaces			
		<ul><li>aluminum oxide</li><li>zirconium dioxide</li></ul>	- ultra-high-mo polyethylene	_	eg. ceramic femoral head with a polyethylene acetabular liner
	FEMORAL STEM Metal - Cementless or cemented  HEAD  The state of the st	HEAD Ceramic or metal			Metal on plastic
TIBIAL BASEPLATE Metal	CO-Cr Head  CUP  Metal or polyethylene  Cementless or cemented	LINER Ceramic or polyethylene	PLASTIC TIBIAL INSERT Polyethylene	LINER Ceramic or polyethylene	
					Ceramic on plastic
knee replacement	hip replacement	hip replacement	knee replacement	hip replacement	hip replacement

# Issues

3. clinical applications

### Risks related to the surgical intervention

- infection at the surgical site
- blood clots leading to deep vein thrombosis or even pulmonary embolism)

### Risks related to the joint replacement

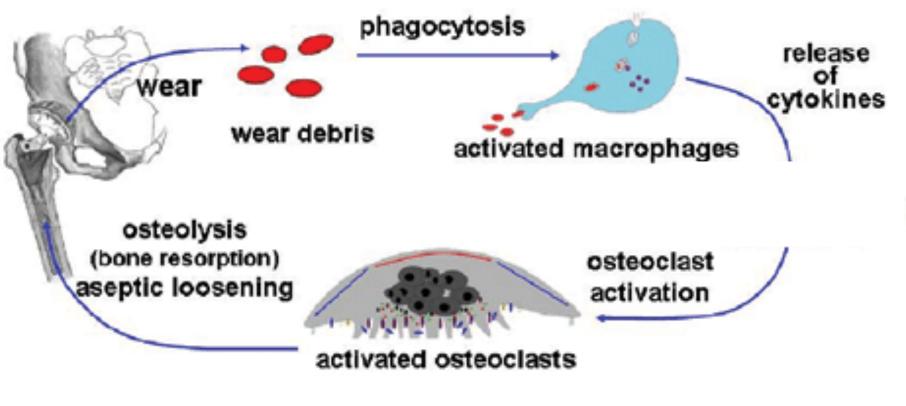
- loosening: gaps between the implant and the bone
- dislocation: disrupting the alignment of the joint components
- difference in leg lengths
- wear debris released from the implant : can lead to osteolysis
- → may involve a **revision surgery**





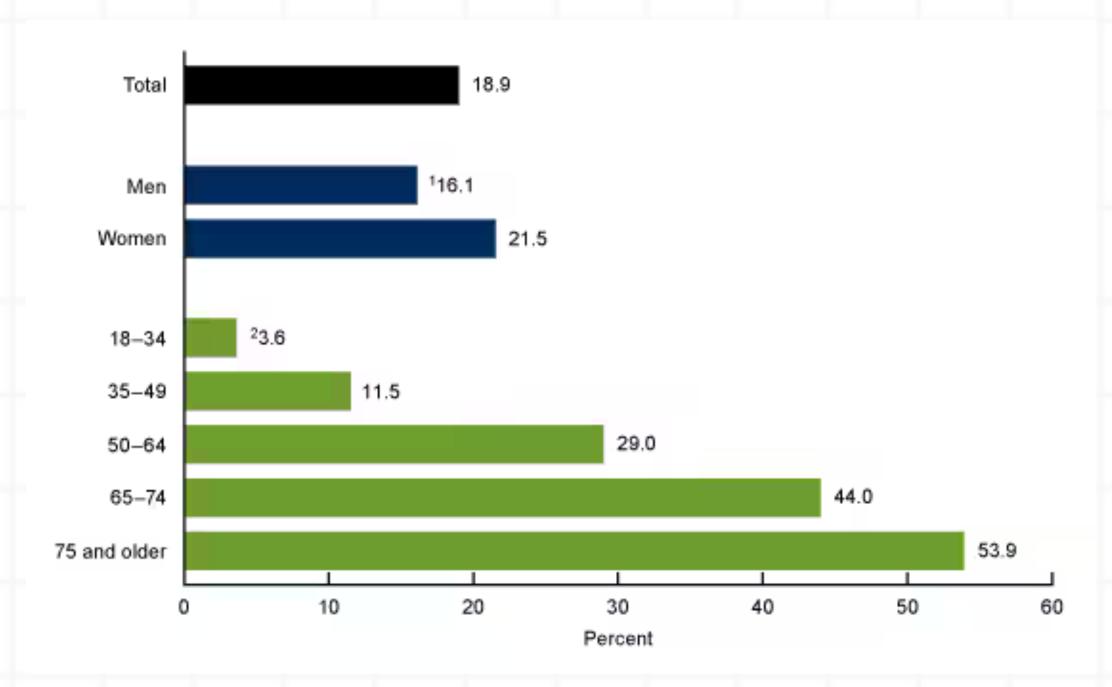
THR dislocation

TKR loosening



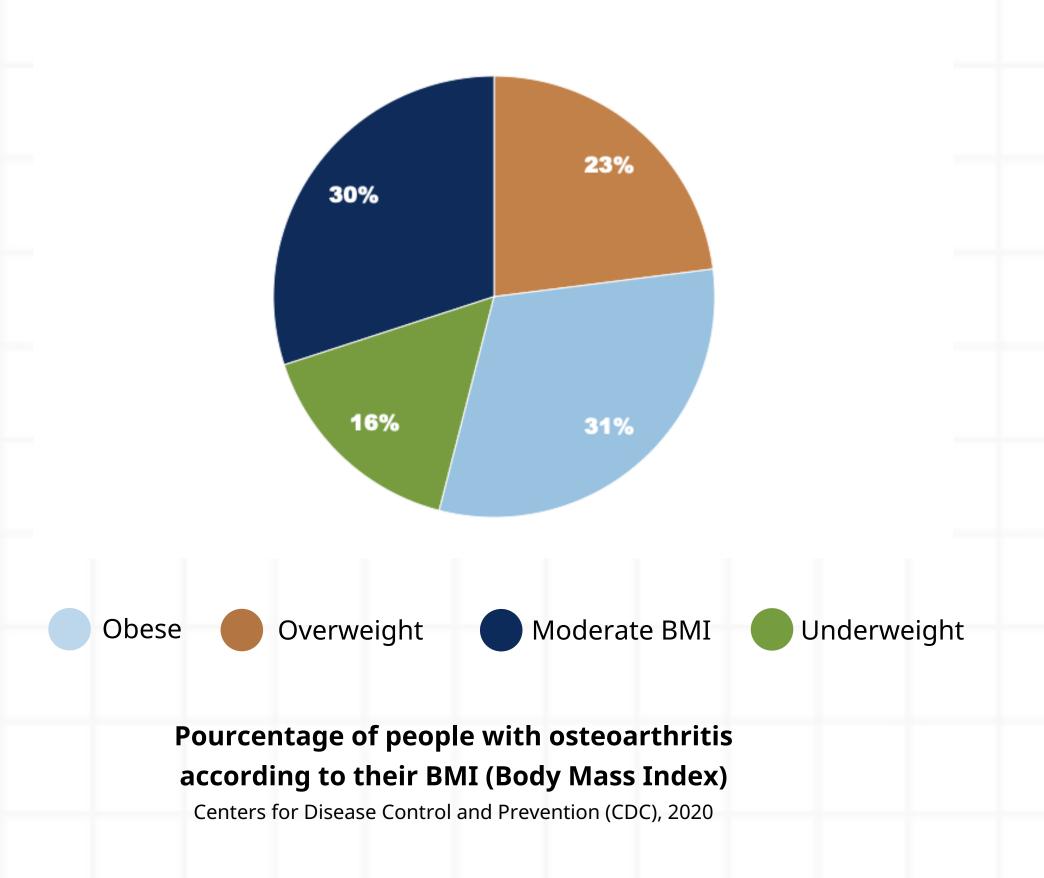
# Risks factors

## 3. clinical applications



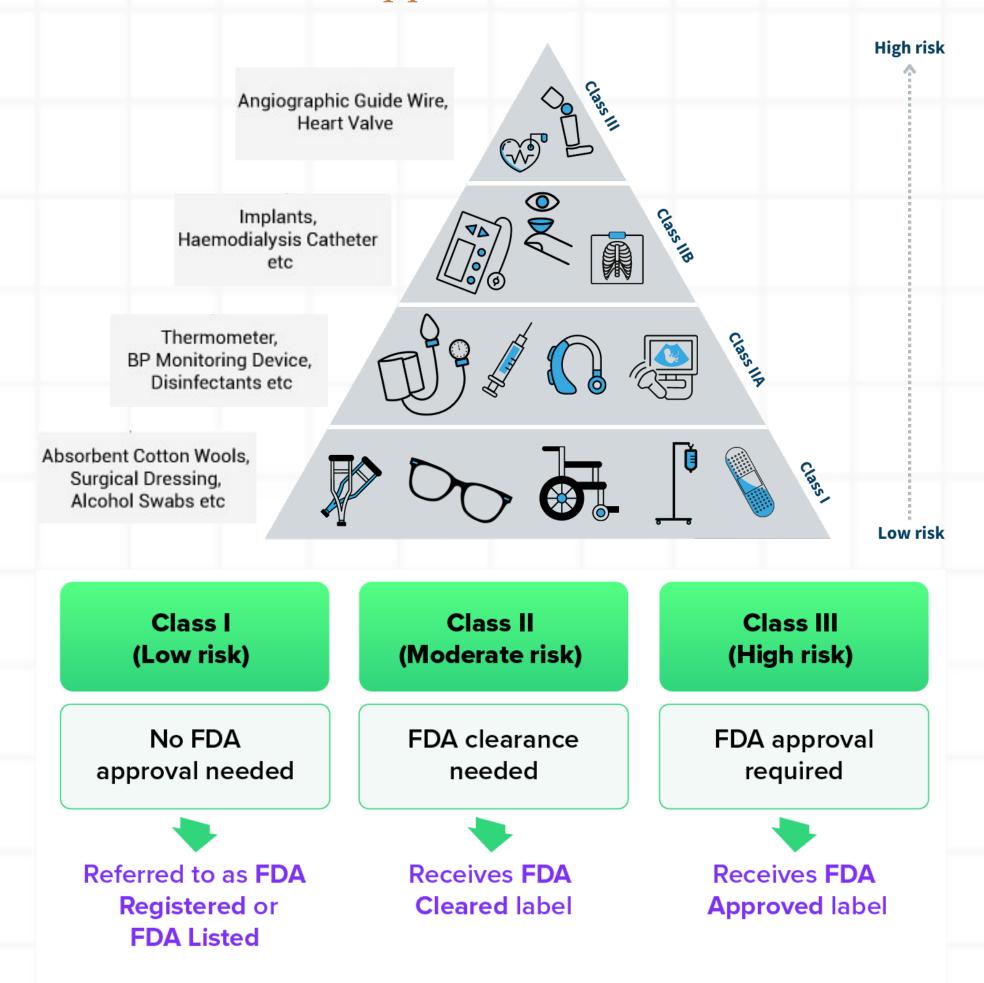
Age-adjusted percentage of adults age 18 and older with arthritis, by sex and age group: United States, 2022

National Center for Health Statistics, Data Brief, N°497, February 2024



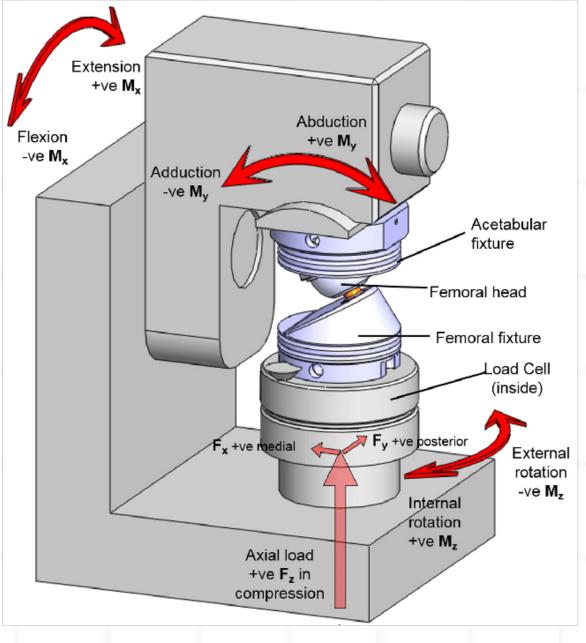
# Clinical trials

### 3. clinical applications





example of the AMTI's ADL (Activities of Daily Living) 12-Station Hip Simulator



# Steps required for medical devices according to their class

#### ISO 14242-1:2014

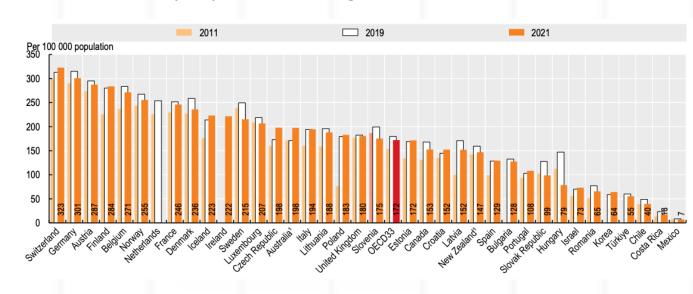
Implants for surgery — Wear of total hip-joint prostheses "Loading and displacement parameters for wear-testing machines and corresponding environmental conditions for test"

# Numbers

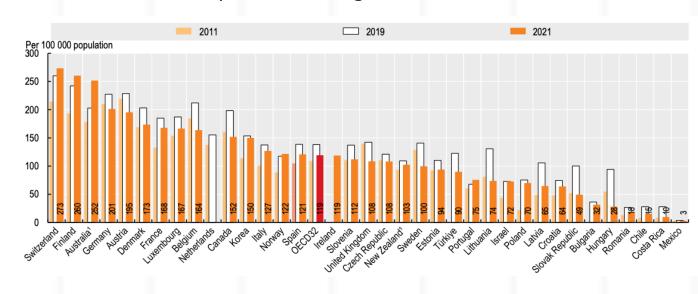
## 4. product aspects

### **Numbers of interventions**

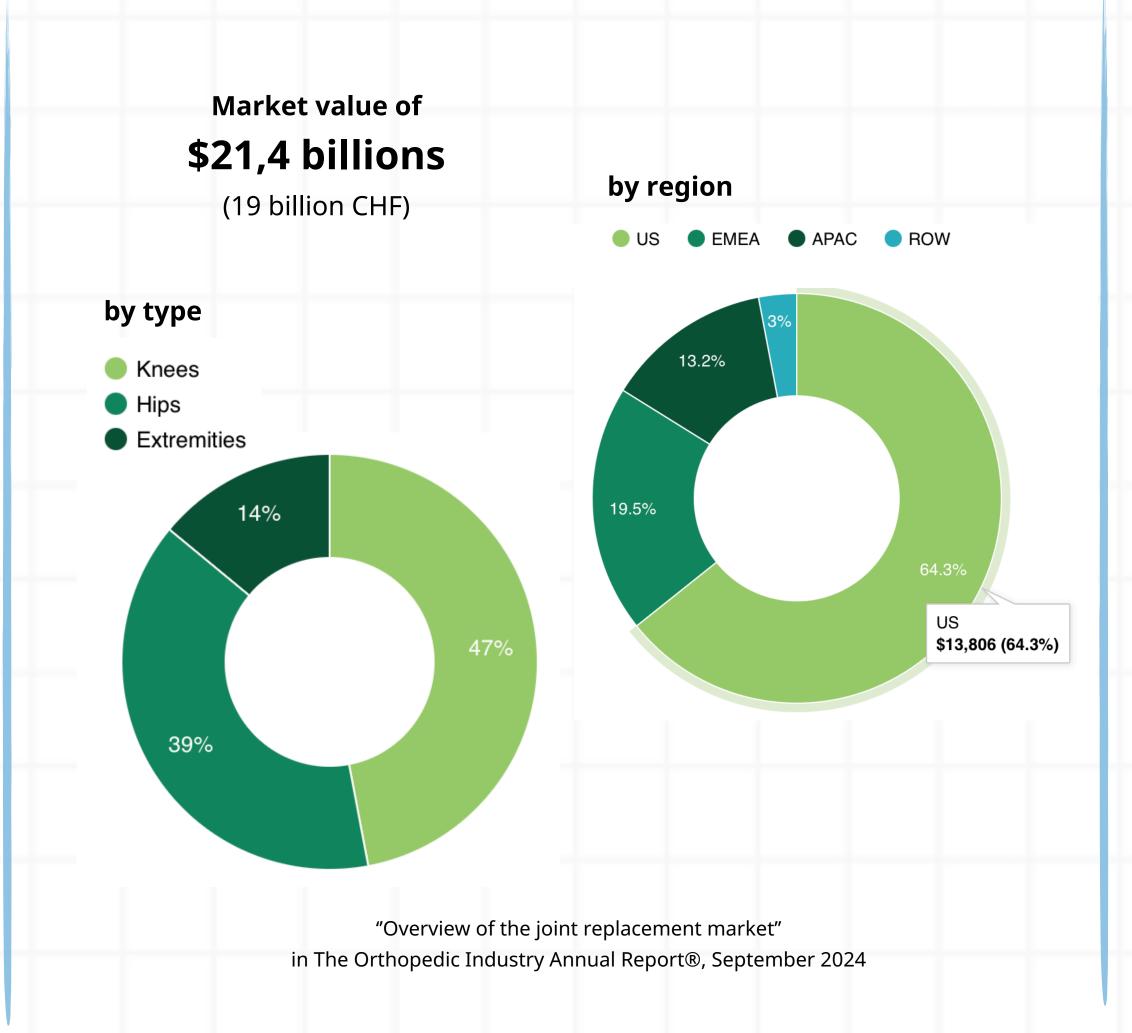
Hip replacement surgeries, 2011, 2019, 2021



Knee replacement surgeries, 2011, 2019, 2021



OECD Health at a Glance 2023, 'Hip and knee replacement' [p. 118-119]



# Costs (Example of the US)

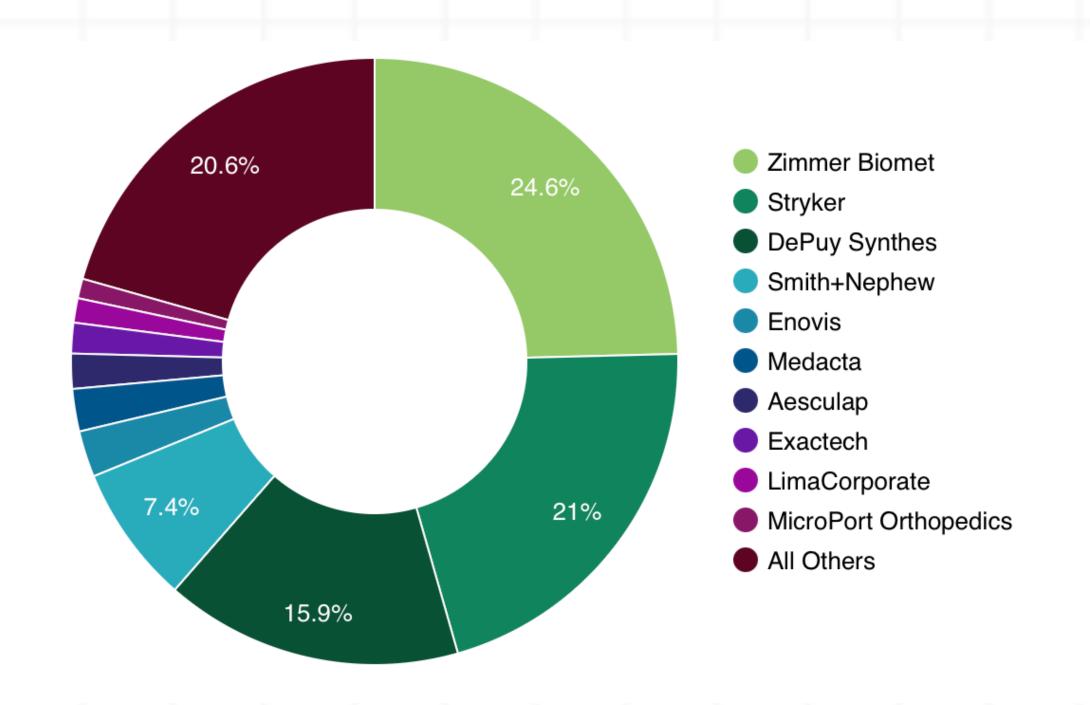
#### For a total hip replacement:

implant =  $\pm$  \$3,000 to \$10,000 total cost = \$30,000 to \$112,000

AAHKS Patient and Public Relations Committee, Report, 'Total Joint Replacement: A Breakdown of Costs'

# Key players

4. product aspects



#### Joint replacement market share by company

"Overview of the joint replacement market" in The Orthopedic Industry Annual Report®, September 2024







# **SmithNephew**

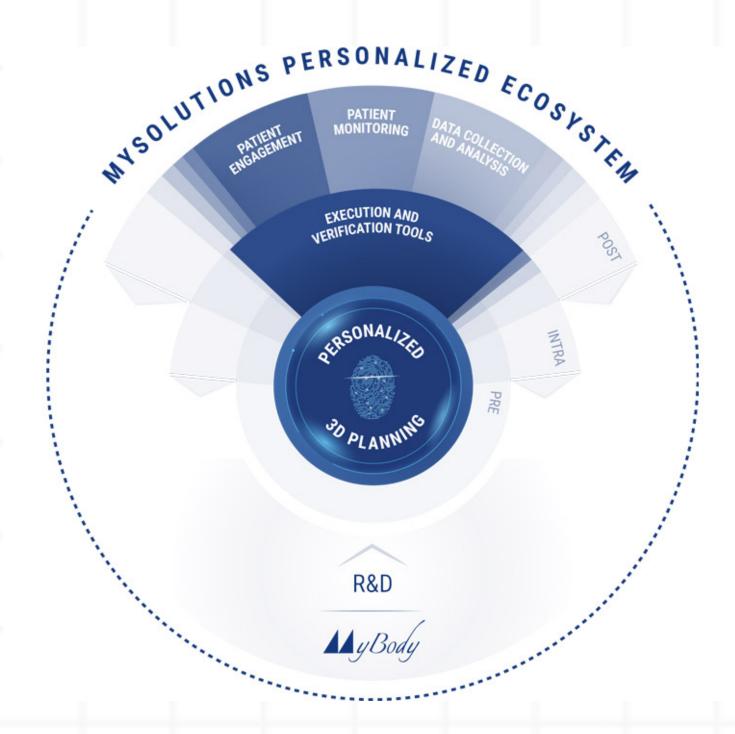
# Patient specific instrumentation (PSI)

\*Computed tomography
\*\* Magnetic Resonance Imaging

5. future perspectives

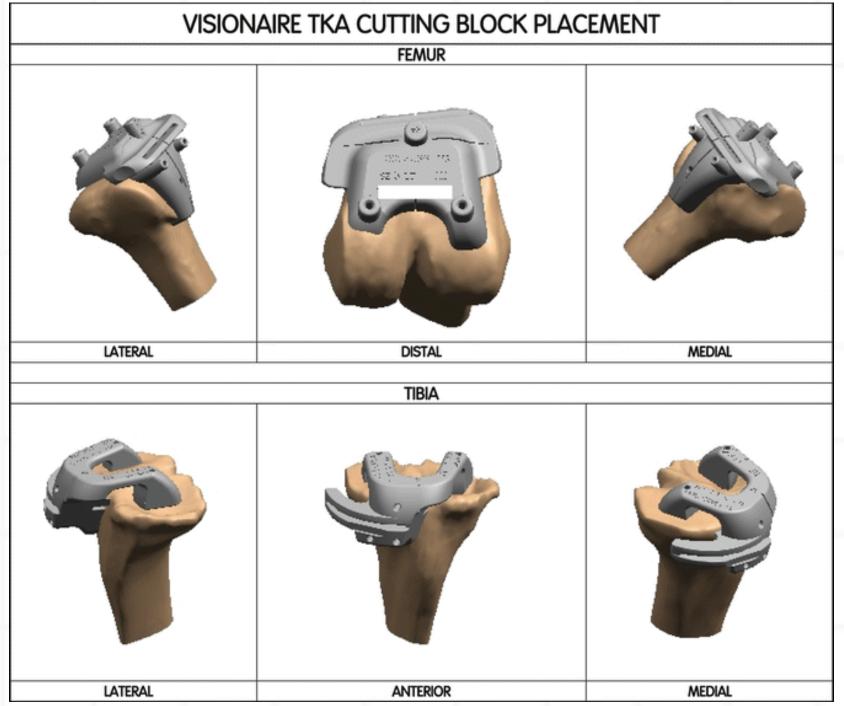
### "MySolutions Personalized Ecosystem"

- designed for hip, knee, shoulder and spine surgeries
- pre-surgery: 3D imaging (CT\* or MRI\*\*)
- intra-surgery: personalized non-invasive guides









Personalized guides

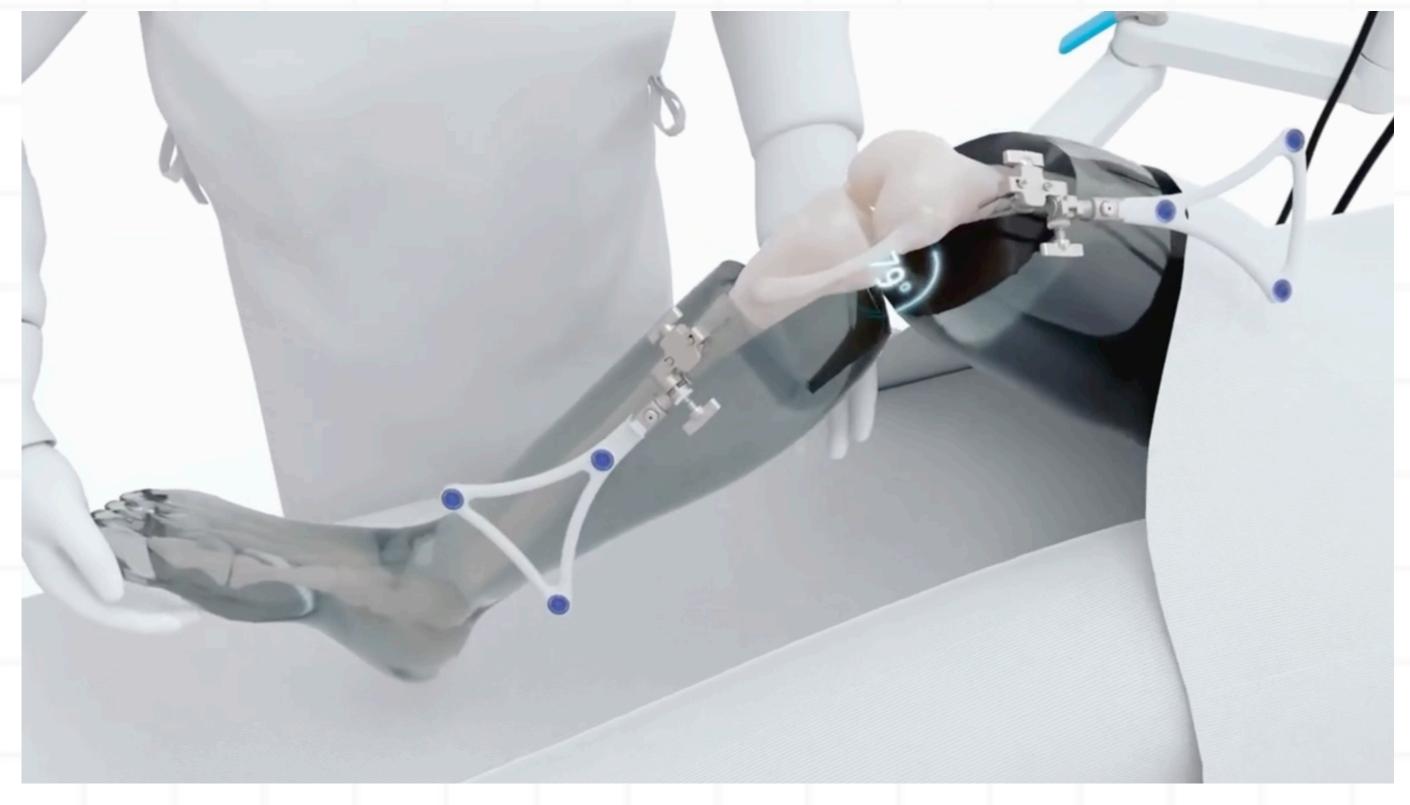
# Surgical robots

5. future perspectives

# "VELYS Robotic-Assisted Solution in Unicompartmental Knee Arthroplasty"



- designed for TKR and PKR
- generates a 3D model in direct time
- assists the surgeon thanks to robotic tools
- received 510(k) FDA Clearance in June 2024



Video of presentation: https://www.youtube.com/watch?v=EU9CzO8ZHyE

# Smart orthopedics

5. future perspectives

### "Persona IQ - The Smart Knee"



- connected to the implant
- provides post-operative kinematics metrics
- delivers a platform for both patients and physicians
- FDA approval in 2021



